

**Begins January 4th!**



# **BODY BALANCE YOGA**



***Come join FSA for Body Balance Yoga - an inclusive class, where you can balance your body and your mind for emotional wellness.***

***Whether a beginner or an expert, this class is for you!***  
*\*must be 12 years or older\**



*Pay as you go, or buy a yoga punch card at a discounted rate! No pre-registration needed.*

**Interested in learning more?  
Call us at: 812-232-4349**



**\$10  
per class**

**Time: Wednesdays at 7:00pm  
Location: 400 Poplar Street, TH**